13 February | Auckland

Swimmer Profile	
Name: Ben Anngow	Age: 18
Club: Wharenui	Coach: Martin Harris
About	

Greatest achievement in swimming:

Being a member of the Wharenui 4x200m Freestyle Relay team that won silver at 2015 New Zealand Open Championships.

Major goals for the next 2 years:

Keep on improving with my swimming and would love to be good enough to compete at the Commonwealth Games on the Gold Coast.

What is your pre-race ritual?

Don't really have one but enjoy listening to some sick beats or having some cheeky banter with the lads.

If you could only eat one thing for the rest of your life what would it be?

Definitely Chocolate.

Who or what inspires you and why?

Floyd 'Money' Mayweather. Not afraid to say it how it is which is why some people may find him offensive or arrogant.

School/University/subjects/company/position?

Part-Time Customer Service Supervisor at The Warehouse. Off to study Bachelor of Commerce at Otago University this year.